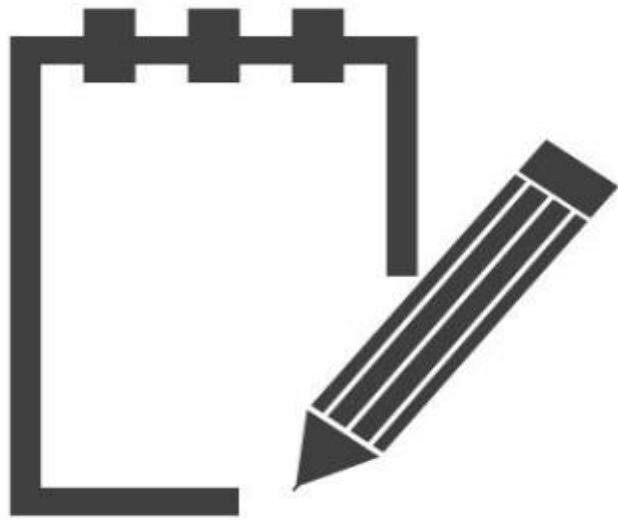


Psychopharmacology

Law Enforcement and Community:
Crisis Intervention Team Training

Module Overview



Psychotropic Medications

- Classes and Types of Medications
- Side Effects
- Adherence Issues
- Tips for Responding

Why Understand Psychopharmacology?

- Mental illness is treatable! Medication helps many people with mental illness live in recovery.
- Mental illness is increasingly accepted as a chemical imbalance in the brain.
- Psychotropic medication is becoming more accepted in society.
- Medication alters chemical levels in the brain, improving mood and behavior.
- Medication is NOT a cure-all and CIT officers should understand why language such as "Why don't you just take your meds?" is NOT helpful.



Classes of Psychotropic Medication

- Antipsychotics
- Antidepressants
- Mood Stabilizers
- Anti-Anxiety (Anxiolytic/Sedative/Hypnotics)
- Stimulants
- Medication to treat Substance Use



Commonly Used Medications

Antipsychotic Medications

- Latuda
- Abilify
- Seroquel
- Zyprexa

- Risperdal
- Haldol
- Prolixin
- Thorazine

Commonly Used Medications

• Antidepressant Medications

- Celexa
- Cymbalta
- Effexor
- Lexapro
- Paxil

- Remeron
- Wellbutrin
- Zoloft
- Prozac

Commonly Used Medications



Mood Stabilizer Medications

- Lithium
- Depakote
- Tegretol
- Lamictal
- Neurontin

Commonly Used Medications

Antianxiety Medications

- Buspar
- Xanax
- Ativan
- Librium
- Valium
- Klonopin

Stimulant Medications

- Ritalin
- Adderall
- Straterra
- Concerta
- Dexedrine
- Vyvanse

Common Side Effects



- Dizziness, drowsiness
- Weight gain
- Shaking/tremors
- Loss of appetite
- Dry Mouth
- Constipation
- Sleep difficulties
- Sexual dysfunction
- Anxiety, agitation and/or irritability
- Involuntary movements
- Type 2 Diabetes



Medication Side Effects



**Why would somebody NOT
want to take their medication?**

Medication Adherence Issues

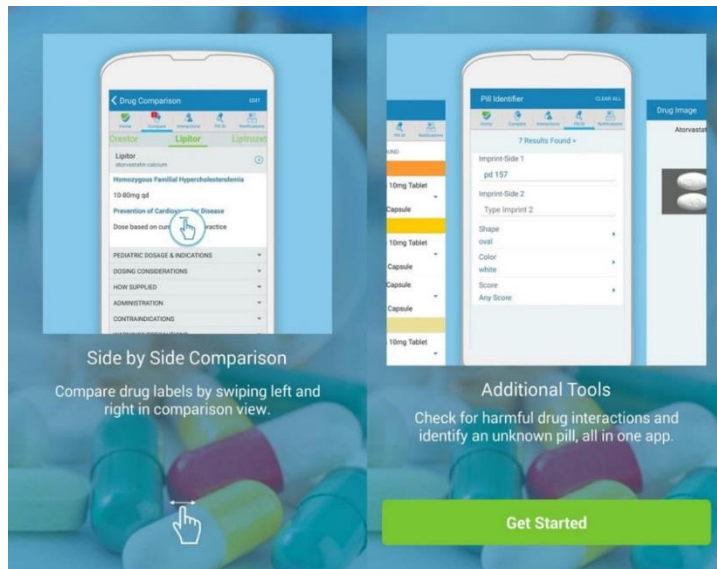
People may stop taking their medications because:

- Side effects they experience
- Too expensive or lack insurance
- Stigma
- Belief the medication does not work, or not quickly enough
- They feel better and believe they don't need to take medication anymore
- The dose and/or frequency is burdensome
- No social support system who understands
- Homelessness and/or have difficulty getting their medications or keeping them safe



Medication Phone Apps

Mobile PDR App



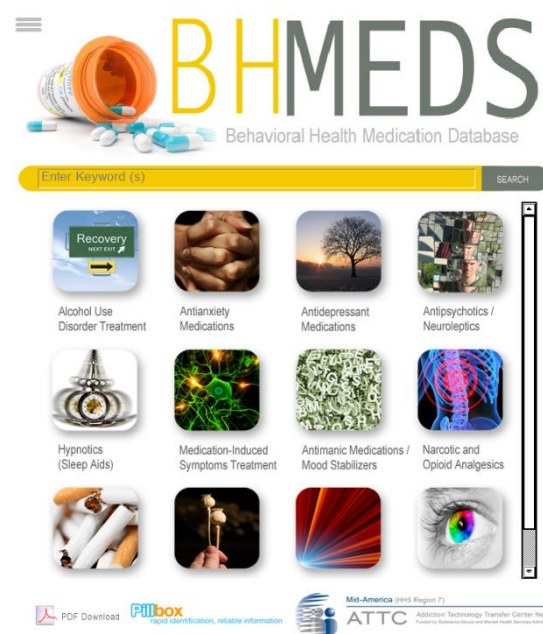
The Mobile PDR App interface is shown on two smartphones. The left phone displays a 'Drug Comparison' screen with a side-by-side comparison of two drug labels. The right phone displays a 'Pill Identifier' screen with a list of search results. Below the phones, there is a green 'Get Started' button.

Side by Side Comparison
Compare drug labels by swiping left and right in comparison view.

Additional Tools
Check for harmful drug interactions and identify an unknown pill, all in one app.

Get Started

BH Meds App






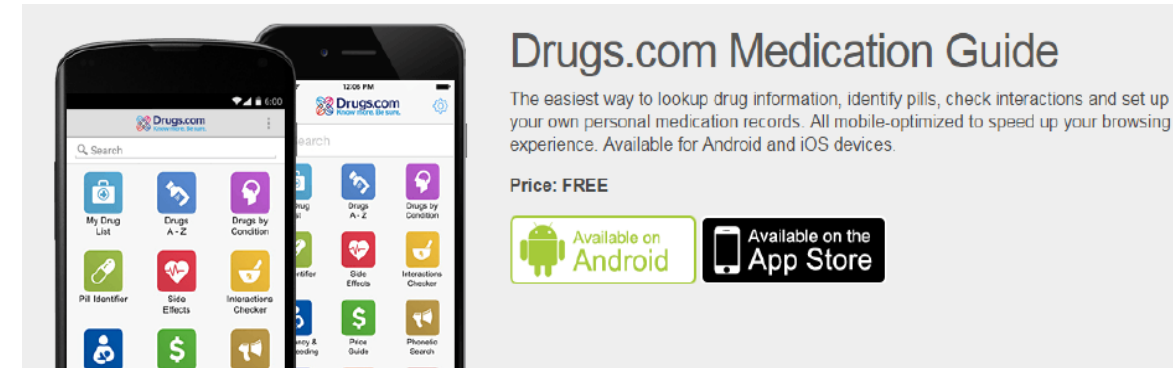
The BH Meds App interface features a grid of 16 medication categories, each with a representative image. The categories are: Recovery, Alcohol Use Disorder Treatment, Anxiety Medications, Antidepressant Medications, Antipsychotics / Neuroleptics, Hypnotics (Sleep Aids), Medication-Induced Symptoms Treatment, Antimanic Medications / Mood Stabilizers, and Narcotic and Opioid Analgesics. The app also includes a search bar and a 'Get Started' button.

BH MEDS
Behavioral Health Medication Database

(Enter Keyword (s)) **SEARCH**

Recovery
Alcohol Use Disorder Treatment
Anxiety Medications
Antidepressant Medications
Antipsychotics / Neuroleptics
Hypnotics (Sleep Aids)
Medication-Induced Symptoms Treatment
Antimanic Medications / Mood Stabilizers
Narcotic and Opioid Analgesics

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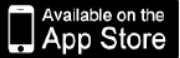


The Drugs.com Medication Guide interface is shown on two smartphones. The left phone displays a 'My Drug List' screen with a grid of medication categories. The right phone displays a 'Search' screen with a grid of medication categories. Below the phones, there is a green 'Get Started' button.

Drugs.com Medication Guide

The easiest way to lookup drug information, identify pills, check interactions and set up your own personal medication records. All mobile-optimized to speed up your browsing experience. Available for Android and iOS devices.

Price: FREE

Tips for Responding



- Become comfortable talking about medications, asking what they are used for and inquiring about side effects.
- Acknowledge side effects can be troubling
- Officers could say, "Can I get you to the doctor to see if they can assist you with your medications."

Tips for Responding



- Check with family, friends, and caregivers about all medications and if they are taking them.
- Look at the pill bottle:
 - when was it filled
 - how many pills prescribed and how many pills are left.
- The risk of unpredictable behavior increases if the person is off their prescribed medications.
- Always consider the possibility of medical emergencies – assess level of consciousness and respiratory condition and call EMS if unsure.

Module Wrap-Up

Questions?