

Beth Israel Lahey Health

Behavioral Services

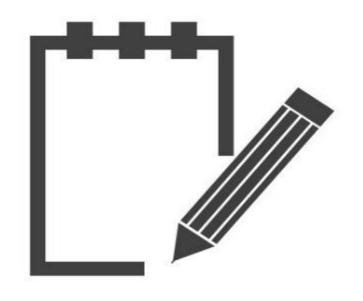


# **Personality Disorders**

Law Enforcement and Community: Crisis Intervention Team Training
Kirk Woodring, LICSW

### **Module Overview**





### Personality Disorders

- Personality
- Borderline Personality Disorder
- Antisocial Personality Disorder

# What is "Personality"?



- A repeated & predictable set of thoughts, feelings and behaviors, and a predictable set of coping skills.
- One's Disposition
- Developed early in life



# What shapes our personality?



Genetics

**Parental Interactions** 



Early Friendships

Stressful Life Events

# **Personality Disorder**



- A longstanding pattern of impairment in relationships, occupation, and other areas of functioning.
- A mental disorder where there is an unhealthy pattern of thinking, reasoning, and perceiving (situations and people).
- Separate from effects of mood or psychotic disorders (although they can "co-exist.")

# **Personality Disorder**



### **Behavior** is

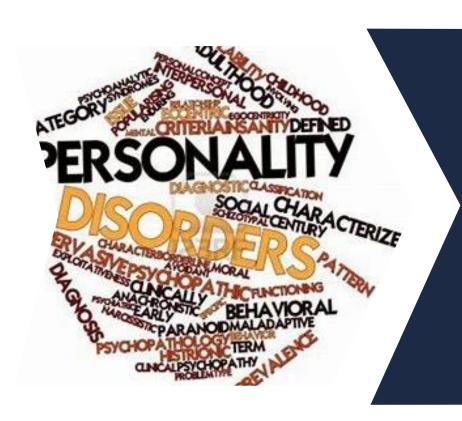
- Persistent
- Pervasive
- Problematic

### **Course of Disorder**

- Onset in adolescence / early adulthood
- Stable over time
- Leads to distress or impairment

## **Some Common Personality Disorders**





- Paranoid
- Schizoid
- Narcissitic
- Dependent

- Avoidant
- Borderline
- Antisocial

# Personality Disorders associated with emergency service use



Borderline Personality Disorder

Antisocial Personality Disorder

## **Borderline Personality Disorder**



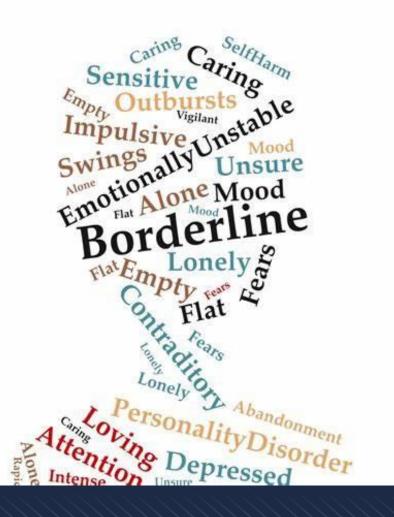
#### **SIGNS and SYMPTOMS**

- Unstable and intense interpersonal relationships (extremes)
- Efforts to avoid real or imagined abandonment
- Unstable self-image/sense of self
- Intense mood irritability or anxiety
- Consistent feelings of emptiness
- Impulsive in areas that are self-damaging
- Suicidal behavior, gestures, threats, or self-harm
- Intense anger, difficulty controlling anger



# Video: Learn More about BPD: What is Borderline Personality Disorder



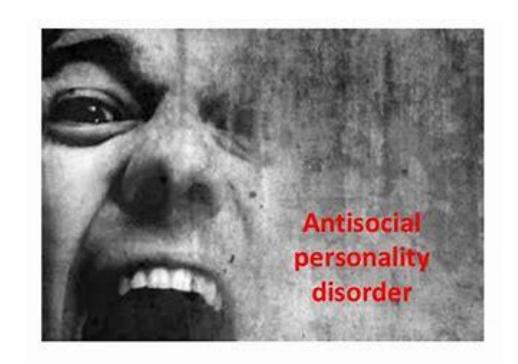


# **Antisocial Personality Disorder**



#### **SIGNS and SYMPTOMS**

- Disregard for and violation of the rights of others
- Failure to conform to social norms and laws
- Complete disregard for safety of self or others
- Lack of remorse
- Can appear very charming
- Impulsive, irritable, aggressive, involved in fights or assaults
- Frequent lying, using aliases, or conning others for personal pleasure or profit



# **Tips for Responding**



- Avoid personal agreements or special deals
- Clear, consistent limits
  - With empathic attitude
- Maintain clear boundaries
  - Don't accept gifts or favors
- Maintain calm, non-judgmental attitude
- Take suicide threats seriously
- Be prepared for your own strong reactions





# **Module Wrap-Up**

**Questions?**