# Department of Mental Health

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# How Do I Request DMH Service(s)?

- Complete the application and mail, fax, email and/or bring the forms to the DMH office near you. The Request for DMH Services application is available in various languages, and DMH can provide translators and other assistance. Signatures and dates must be included.
- Signed Request for DMH Services application.
- Signed Authorization(s) for Release of Information
- The forms and detailed information on how to apply can be found at: <a href="https://www.mass.gov/info-details/applications-for-dmh-services">https://www.mass.gov/info-details/applications-for-dmh-services</a>

# Northeast Area Office

### **DMH**

P.O. Box 387
Tewksbury, MA 01876-0387
Phone (978) 863-5000
Fax (978) 863-5091
TTY (978) 640-1193

NEA.serviceauthapplications@mass.gov

# Qualifying Disorders

- Schizophrenia Spectrum and other Psychotic Disorders
- Bipolar and Depressive Disorders
- Anxiety Disorders
- Dissociative Disorders
- Feeding and Eating Disorders
- Borderline Personality Disorder
- Obsessive-compulsive and Related Disorders
- Trauma and Stressor Related Disorders

# **DMH Case Management**

State-operated service that provides assessment of needs, service planning development and monitoring, service referral and care coordination, and family/caregiver support.

# Housing

Department of Mental Health Rental Subsidy Program(DMHRSP)

Sponsor-Based vs Tenant-Based

# Sponsor-Based vs Tenant-Based

### **Sponsor-Based**

Vendor is Sponsor, Tenant, & Voucher Holder

Vendor chooses Unit and matches Client

Minimal Eligibility Requirements

Vendor are Responsible for Ensuring Completion & Compliance

- -Referral/Eligibility
- -Lease Up, Rent Guarantee,
- -Tenancy Issues
- -Recert/Interim

### **Tenant-Based**

- DMH Case Management only
- Person served is Tenant & Voucher Holder
- Case Manager refers individual
- Individual chooses Unit
- More Eligibility Requirements
- More Independence

-With CM assistance, Individual responsible for Completion & Compliance

Adult
Community
Clinical
Services
(ACCS)

DMH's primary community service for adults. ACCS is a comprehensive, clinically focused service that provides clinical interventions and peer and family support to facilitate engagement, support functioning and maximize symptom stabilization and selfmanagement of individuals residing in all housing settings. In addition, ACCS provides a range of provider-based housing options as treatment settings to assist individuals in developing skills, establishing natural supports and resources to live successfully in the community.



Integrated Team 335 individuals

Group Living
Environment (GLE)
7 programs

Shared Programs (IBGLE, IMGLE, Cottages, SIE) Program of Assertive Community Treatment

**PACT** 

A multidisciplinary team approach providing acute and long-term support, community based psychiatric treatment, assertive outreach, and rehabilitation services to persons served.

# **PACT**

80 individuals served

Psychotic disorder

Psychiatrist, RN, Clinician(s), Housing Specialist, Vocational Specialist, Case Manager

# Respite Services

Respite Services provide temporary shortterm, community-based clinical and rehabilitative services that enable a person to live in the community as fully and independently as possible.



Site Based- 8 bed short term GLE; 30 days Mobile Respite-12 slots outreach team; 90 days

## Clubhouse

Clubhouse Services provide skill development and employment services that help individuals to develop skills in social networking, independent living, budgeting, accessing transportation, self-care, maintaining educational goals, and securing and retaining employment.

# **Additional Supports**



# Eliot

### **North Shore CBHC**

75 Sylvan Street, Building C Danvers, MA 01923 888-769-5201